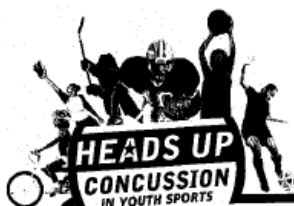




Basketball Rules and General Information 2012 Season

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A Fact Sheet for **COACHES**

To download the coaches fact sheet in Spanish, please visit www.cdc.gov/ConcussionInYouthSports
Para descargar la hoja informativa para los entrenadores en español, por favor visite:
www.cdc.gov/ConcusionInYouthSports

THE FACTS

- A concussion is a **brain injury**.
- All concussions are **serious**.
- Concussions can occur **without** loss of consciousness.
- Concussions can occur **in any sport**.
- Recognition and proper management of concussions when they **first occur** can help prevent further injury or even death.

WHAT IS A CONCUSSION?

A concussion is an injury that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost.

The potential for concussions is greatest in athletic environments where collisions are common.² Concussions can occur, however, in **any** organized or unorganized sport or

recreational activity. As many as 3.8 million sports- and recreation-related concussions occur in the United States each year.²

RECOGNIZING A POSSIBLE CONCUSSION

To help recognize a concussion, you should watch for the following two things among your athletes:

1. A forceful blow to the head or body that results in rapid movement of the head.

-and-

2. Any change in the athlete's behavior, thinking, or physical functioning. (See the signs and symptoms of concussion listed on the next page.)

ACTION PLAN

WHAT SHOULD A COACH DO WHEN A CONCUSSION IS SUSPECTED?

1. Remove the athlete from play. Look for the signs and symptoms of a concussion if your athlete has experienced a bump or blow to the head. Athletes who experience signs or symptoms of concussion should not be allowed to return to play. When in doubt, keep the athlete out of play.

2. Ensure that the athlete is evaluated right away by an appropriate health care professional. Do not try to judge the severity of the injury yourself. Health care professionals have a number of methods that they can use to assess the severity of concussions. As a coach, recording the following information can help health care professionals in assessing the athlete after the injury:

- Cause of the injury and force of the hit or blow to the head
- Any loss of consciousness (passed out/knocked out) and if so, for how long
- Any memory loss immediately following the injury
- Any seizures immediately following the injury
- Number of previous concussions (if any)

3. Inform the athlete's parents or guardians about the possible concussion and give them the fact sheet on concussion.

Make sure they know that the athlete should be seen by a health care professional experienced in evaluating for concussion.

4. Allow the athlete to return to play only with permission from a health care professional with experience in evaluating for concussion. A repeat concussion that occurs before the brain recovers from the first can slow recovery or increase the likelihood of having long-term problems.

Prevent common long-term problems and the rare *second impact syndrome* by delaying the athlete's return to the activity until the player receives appropriate medical evaluation and approval for return to play.

REFERENCES

1. Powell JW. Cerebral concussion: causes, effects, and risks in sports. *Journal of Athletic Training* 2001; 36(3):307-311.
2. Langlois JA, Rutland-Brown W, Wald M. The epidemiology and impact of traumatic brain injury: a brief overview. *Journal of Head Trauma Rehabilitation* 2006; 21(5):375-378.
3. Lovell MR, Collins MW, Iverson GL, Johnston KM, Bradley JP. Grade 1 or "ding" concussions in high school athletes. *The American Journal of Sports Medicine* 2004; 32(1):47-54.
4. Institute of Medicine (US). Is soccer bad for children's heads? Summary of the IQM Workshop on Neuropsychological Consequences of Head Impact in Youth Soccer. Washington (DC): National Academy Press; 2002.
5. Centers for Disease Control and Prevention (CDC). Sports-related recurrent brain injuries-United States. *Morbidity and Mortality Weekly Report* 1997; 46(10):224-227. Available at: www.cdc.gov/mmwr/preview/mmwrhtml/00046702.htm.

If you think your athlete has sustained a concussion... take him/her out of play, and seek the advice of a health care professional experienced in evaluating for concussion.

CITY OF SUNRISE YOUTH SPORTS MISSION STATEMENT

The mission of the City of Sunrise Basketball program is to provide a well-supervised program, to teach good sportsmanship, and to promote physical fitness and mental well being to the youth of our community, while encouraging the interest of youth in the game of Basketball and teaching the fundamentals of the game.

It is understood that the rules herein are in addition to the official playing rules governed by Florida High School Athletic Association Basketball rules.

NYSCA COACHES CODE OF ETHICS

- I will place the emotional and physical well being of my players ahead of any personal desire to win.
- I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- I will do my very best to provide a safe playing situation for my players.
- I will do my best to organize practices that are fun and challenging for my players.
- I will lead, by example, in demonstrating fair play and sportsmanship to all my players.
- I will insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.
- I will use those coaching techniques appropriate for each of the skills that I teach.
- I will remember that I am a youth coach, and that the game is for children and not adults.

- I will provide a sports environment for my team that is free of drugs, tobacco and alcohol, and I will refrain from their use at all youth sports events.

LEAGUE ORGANIZATION

Dates of birth of participants shall be certified by birth certificates (Not complimentary hospital certificates), passport, or alien registration card.

All participants must be registered with the City of Sunrise Department of Leisure Services before participating in the sport.

Late registrations will be assigned to a waiting list and placed on a team when possible by the Athletic Supervisor.

Participants wanting to play in a higher division must submit a letter requesting to be moved up. If a request is not submitted prior to ratings the participant will be drafted into the appropriate age division.

Players must attend ratings for approval by Leisure Services staff. Participants will not be allowed to play in a lower division.

There will be the following leagues within the City of Sunrise Recreation Basketball Program & teams will be divided into the following age groups:

BOYS

17 & Under – Has not reached 18th birthday before September 1, 2012.

14 & Under – Has not reached 15th birthday before September 1, 2012.

12 & Under – Has not reached 13th birthday before September 1, 2012.

10 & Under – Has not reached 11th birthday before September 1, 2012.

8 & Under – Has not reached 9th birthday before September 1, 2012 and must attain the age of 6 by May 31, 2012.

GIRLS

13 & Under – Has not reached 14th birthday before September 1, 2012.

10 & Under – Has not reached 11th birthday before September 1, 2012 and must attain the age of 6 by May 31, 2012.

LEAGUE ADMINISTRATION

The Department of Leisure Services will administer the City of Sunrise Recreation Basketball Program.

Athletic Supervisor

- Will have the authority to suspend any manager or coach; this is subject to appeal
- Will act as overall coordinator for the program
- Is responsible to assist the Department of Leisure Services in implementing all the rules and regulations
- Is responsible for appointing the coaches and basketball committee

Coaching combinations will be assigned or approved by the Department of Leisure Services.

Basketball Committee Duties

The Basketball Committee shall be composed of volunteer members, invited to serve by the Department of Leisure Services. Invitation and retention of committee members/Board members shall be at the sole discretion of the Department.

Make recommendations for the rule modifications, procedures and guidelines regarding the conduct of a specific sport league.

Make recommendations toward the general improvement of sports program.

Will serve as a sounding board to the Athletic Supervisor on issues brought to the committee for consideration

Make staff aware of existing problems relative to the sport program.

Interpret program goals, decisions and changes to the public.

Conduct official protest hearing and serve as a forum for fielding complaints and or suggestions for the program.

Basketball Committee members serve as an extension of the staff. The committee may provide recommendations only. All recommendations will be taken under advisement by Department staff.

OFFICIAL SCOREKEEPERS

The home team will be responsible to keep the official scorebook.

COACHES DUTIES

- Will be of good moral character and able to deal with children, assistant coaches, parents, game officials, city officials, and league administrators in a positive manner.
- Responsible for the selection of his/her team.
- Responsible for the return of all equipment and uniforms issued to him/her. Failure to return issued equipment may result in disciplinary action as deemed appropriate by the Department of Leisure Services.
- Responsible for the team's actions, including parents and fans, and to represent the team in communications with the referee and opposing team.

- Responsible to appoint a representative to replace him/her if he/she is unable to be present.
- Coaches will be required to undergo a criminal background screening as well as become CPR/AED certified.
- All youth athletic volunteers that have cleared their criminal background checks are required to wear a photo identification badge when working with the children enrolled in a City of Sunrise youth athletic program.
- Volunteers not displaying the identification badge will not be permitted to remain on the field/court with the children. City staff will be strictly enforcing this rule. Head coaches are asked to assist in this process by informing volunteers of the procedures necessary to work with children in youth athletic programs.
- A supplied game sheet will be filled in by the home team and turned into the Leisure Services staff at the court. The original completed game sheet shall be the property of the Department of Leisure Services, and shall constitute the official game record for all information contained therein.
- Responsible to keep himself/herself, his/her coaches and team in the appropriate areas throughout the game.
- Head coaches who are unable to attend a particular game must inform assistant coaches to take over the team for that game. If either the head coach or assistant coach cannot attend, it is the responsibility of the head coach to contact Leisure Services. If a team does not

receive any adult supervision including, but not limited to: an approved youth volunteer coach from another team, division, or sport, the game will result in a forfeit. No game will be rescheduled due to coaches being absent.

- A coach may take disciplinary action against a player (i.e. benching a player) however; prior approval must be made with the Leisure Services Department. Opposing coach and game referee must be notified before game time of such a disciplinary action. The Athletic Supervisor must review all disciplinary action.
- *Note: Any coach found abusing this rule shall be subject to the following: 1st offense: Two (2) game suspension; 2nd offense: Season expulsion.*
- Coaches will always maintain a positive atmosphere at all team functions.
- There shall be no mechanical devices to amplify a coach's voice, unless used as an accommodation for a participant with a hearing limitation.
- The head coach of the home team shall be responsible for preparing the game sheet and designating an official scorekeeper. Under these circumstances the home team head coach shall comply with all requirements of the official scorekeeper. NOTE: The home team scorebook is the official score book and must be made available for review by the visiting team.
- Responsible to ensure that all equipment is in good working order and complies with the requirements of the

City basketball rules before and during all games and practices.

PROTESTS

All participants are urged to take precautions to prevent protests. When a protest is imminent, all potential offenders should be notified immediately.

If Athletic Supervisor is present at a game that is under protest, Athletic Supervisor can rule on the protest.

All protests on violations of playing rules in officially scheduled games must be made in writing, in addition to being noted on the game sheet and filed with the Leisure Services Department within 24 hours following the scheduled starting time of the game under protest. Judgment calls are not subject to protest. The rule and section under protest must be clearly denoted and specified in the protest.

All protests received on playing rules after the time specified above will not be considered. Coaches contemplating a protest on violations of playing rules on the court must notify the referee immediately of their desire, and before the next live ball. The referee shall note time and conditions of protest on the game sheet and both scorebooks at this time.

A protest fee of twenty-five dollars (\$25.00) must accompany each protest. In the event the protest is overruled or declared invalid, the Department of Leisure Services will retain the fee.

All protests will be reviewed to determine whether it is a valid protest and if it should be brought before the Basketball Committee.

If a hearing is granted both teams involved will be notified by the appropriate official(s), of the time and place of the hearing. NOTE: Whenever a matter of protest arises during the progress of any game, the coach or appointed team representative of the protesting team will notify the referee and head coach of the opposing team immediately that the game is being continued under protest. This will enable all interested parties to take notice of the conditions, which aid in the proper determination of the issue(s). At the time of the protest, both acting coaches and referees must acknowledge the protest by signing the official game sheet at the time of the protest.

Coaches of both teams involved, referees, or their designated representatives will be invited to the hearing.

DISCIPLINARY RULINGS

Players guilty of using profanity, either by word or sign, against players, coaches, spectators, umpires, City Officials or any other person just before or during a game shall be suspended for the current game. If found guilty of such infraction following a game then the suspension will be the next game. Coaches, volunteers and/or spectators guilty of such infraction shall be ejected from the current game plus the next game. If found guilty of such infraction following a game then the suspension will be the next two games. It shall be noted on the game sheet and notification given to the Leisure Services Department.

Players, volunteers, coaches, and/or spectators guilty of making a verbal threat or making threatening gestures against other players, coaches, volunteers, spectators, referees, city officials, or any other person shall be ejected and receive a minimum of a two game suspension.

Players guilty of pushing, striking or any other physical contact against any other participant, volunteer, spectator, referee, city officials, or any other person may receive a minimum 3 game suspension to a maximum of lifetime suspension.

Coaches, volunteers and/or spectators guilty of pushing, striking or any other physical contact against any other participant, volunteer, spectator, referee, city officials, or any other person may receive a minimum of one (1) year suspension to a maximum of lifetime suspension.

Players, volunteers, coaches and/or spectators ejected from a game that approach the game referees at anytime after their ejection or go onto the court may face additional game suspensions and/or be suspended for the remainder of the season.

Volunteers or coaches who are found to have intentionally violated the terms and/or the spirit of these rules shall be subject to discipline upon recommendation of the Basketball Committee, with the final approval of the Department of Leisure Services. If suspension is not appropriate, the offender may be placed on probation under conditions specified by the Basketball Committee/ Department of Leisure Services.

All conditions surrounding any disciplinary case must be placed in writing and placed in the Leisure Services office files.

All appeals will be reviewed by the Leisure Services Department to determine if it should be brought before the Basketball Committee.

NOTE: An ejected participant, volunteer, coach, or spectator must leave the playing area within 2 minutes. They may not sit in the stands and may not be recalled. Any disciplinary action taken will carry over the eligibility of an individual to coach or otherwise participate in all programs/sports administered by the Department of Leisure Services.

TEAMS

Each recreation team shall consist of a maximum of 10 players whose names shall be registered with the Department of Leisure Services. Only a Head Coach and 1 Assistant Coach make up the official coaches roster for each game. A second assistant coach will be allowed to help at practices.

The minimum number of players to start and complete a game is (4). Should the fifth player arrive, he/she will be immediately placed into the game at the next dead ball. Teams with 5 or more players present must keep 5 players on the court at all times. All players who participate in Post-Season play must participate in 50% of regular season play. Exceptions will be made for injuries and/or sickness and must be reported to the Athletic Supervisor.

SELECTION OF PLAYERS

Ratings: Players will be rated in respective divisions by a minimum of 3 persons with knowledge of the sport. If additional persons are needed the Athletic Supervisor shall appoint them. Ratings will be an individual effort and rater's cannot discuss ratings with each other or players.

Players will be rated on a scale of 1 through 5 (one being excellent). This will be based on their ability to perform. The highest and lowest score will be eliminated and the remainder will be averaged and that rating will be assigned to the player. Every attempt will be made to make teams equal.

Known Non-Rated Players - These players will be assigned a rating by a city representative.

Player Eligibility: Only players of eligible age, whose eligibility is determined by the Leisure Services Department, shall have active participation in the program.

Birth certificates, hospital certificates, or other legal documents, which must be presented to a league official at the time of registration, shall certify date of birth of new players, or registrations will not be accepted. Photostat copies of any of these certificates are acceptable. Notarized statements of birth dates are not acceptable.

DRAFT

Coaches will draw numbers prior to the draft. Numbers drawn will determine seating order. Every effort possible should be made to keep teams as evenly balanced as possible.

Draft cards will be placed face down on a table with the rating numbers displayed. The player names will be on the bottom of the card. The coach currently drafting will select a player card and place the player on the team he/she is drafting. Coaches with frozen players will receive their freeze in the round in which they were rated. Frozen players who did not attend ratings will receive a rating of 1 going into the draft. Order of draft will reverse after each round. This process will continue until all rated players have been drafted to a team.

Coaches will receive one trade. This will take place after the teams have been selected. Parent requests will be reviewed and honored appropriately.

If a player is drafted to a team (Team A) that does not have a coach present at the draft, they may still be traded to another team (Team B) if:

- A request form has been received by Leisure Services prior to the draft requesting the child plays for the coach of Team B.

- The player has received a rating prior to drafts.

- Team B has not used their one allowed trade.

Leisure Services staff will place all of Team B's draft cards facedown that have the same rating as the requested player (Exception: Frozen players may not be traded). Staff will blindly select one of the draft cards and confirm the trade. If Team B does not have any players with the same rating, they must use all of their cards with the next highest available rating.

Any trade requests that are made following the draft will be at the discretion of the Leisure Services Department and will be treated on a case by case basis.

Any authorized trades must be agreeable to all head coaches on the teams involved.

Frozen Players - Coaches can only freeze their own children. Coaches with no children, in the division they are coaching, may freeze one participant. Authorization from the parent must be received prior to the draft.

If more than one child is in the same playing division, all of the children will be placed on the team and counted as one freeze. All coaches and assistant coaches must complete the background check prior to the draft in order for a freeze to be accommodated. Frozen players must attend ratings or they will receive a rating of 1 going into the draft.

Non-Rated Player

Unknown Non-Rated Players - Coaches will have the opportunity to rate any players, in which they have knowledge of the participant's skill level. Player will be assigned a rating based on the average.

Any unknown players with no rating will be randomly placed on teams, through a blind drawing. These players cannot be traded.

Siblings will automatically be assigned to the same team if ability and league age allows. The team involved will forego the draft round in which these children were rated.

SECRECY

Players shall never be told their rating or the round in which they were drafted.

The Department of Leisure Services will hold the waiting list confidential.

REPLACEMENT OF PLAYERS

If a team loses a player during the first half of the season through illness, injury, change of address or other justifiable reason, the coach may request another player through Leisure Services to replace the one lost. A refund request **MUST** be submitted by the guardian in order for the player to be replaced. The playing ability of the player shall not be considered a justifiable reason for request of replacement. Coaches should inform Leisure Services if they need a player, but a refund request must be completed beforehand.

Such replacement must be of such league age as to comply with the minimum and maximum league age requirement.

When replacement is requested, the head coach must present the reason for the replacement in writing to the Leisure Services Department.

The replacement player will come from the waiting list and shall be assigned by the Athletic Supervisor.

No team may obtain a replacement player after half of the regular season games have been played unless their roster

falls below the minimum number of players required to start a game under these rules.

Once assigned, the player is eligible to play in all subsequent games.

SUBSTITUTIONS

Coaches must play every player a minimum of one full quarter per half. No player may play in all four quarters when there are seven or more players present for both teams at a game. In the event that one or both teams have six or fewer players at any game, coaches of both teams are only required to play every player one full quarter per half. If a player arrives before the start of the second quarter, both coaches must follow substitution rules accordingly to the number of players at that time. If a player arrives after the start of the second quarter, both coaches will continue their substitution pattern as to the number of players they started the game with.

Players must play the entire quarter that they play in. Coaches cannot substitute players once a quarter starts. Coaches can substitute players before an overtime period.

Note: Regardless of the number of players in attendance at a game, every player attending a game must play one quarter in each half.

PENALTY FOR SUBSTITUTION VIOLATIONS IN ALL DIVISIONS

1st offense - Suspension from the next game
2nd offense - Suspension for the season

NOTE: IF VIOLATION IS DETERMINED TO HAVE BEEN INTENTIONAL MORE SEVERE PENALTIES MAY BE ASSESSED.

The referee is the official timekeeper. When substitutions are made, it is the coach's responsibility to notify the other coach or scorekeeper.

After substitutions have been made, and in the event of injury or ejection for disciplinary purposes to a player, a substituted player may re-enter the game to replace the injured or ejected player, provided all other eligible players have previously entered the game at that point. The opposing coach will select the replacement player. Player ejected from the game is not eligible for reentry.

EQUIPMENT

Players must wear the jerseys supplied by the Leisure Services Department. Sneakers must be worn during any practice or game.

No jewelry or hair clips may be worn during a game and eyeglasses must be tied.

PENALTY: Individual will not be allowed to participate in the game.

Game ball size for each division shall be as follows:

Official size basketball (30" cir) – 14 and under boys, 17 and under boys

Intermediate size basketball (28 ½” cir) – 8 and under boys, 10 and under boys, 12 and under boys, 10 and under girls, and 13 and under girls

Free Throw Lines are as follows:

8 & under.....	10 feet
10 & under boys and girls divisions.....	12 feet
All other divisions.....	15 feet

No hard casts may be worn in games or in practices.

PLAYING RULES

Five fouls disqualifies a player for the remainder of the game.

The 8 & under Boys and 10 & under Boys and Girls divisions will be allowed five seconds in the key area, all other divisions three seconds.

Full court guarding will be permitted in all divisions except 8 & Under Boys and 10 & under Boys and Girls. (Full court guarding WILL be permitted in the last two minutes of the second and fourth quarters for 8 & under and 10 & under divisions.)

In all divisions, if a team is ahead by twenty points or more, teams are not allowed to full court guard.

Teams violating the full court defense rule will receive warnings for first two violations. On the third violation a technical foul will be called on the bench. Any player on the floor will shoot one foul shot and the team will take

possession of the ball at mid court. All subsequent violations will continue with one foul shot and possession of the ball at mid-court.

On the seventh team foul the opposing team will shoot the one and one bonus foul shots, and on the tenth team foul the opposing team will shoot two foul shots.

Double-teaming is allowed. Triple teaming is not allowed.

Both man-to-man and zone defenses are allowed.

17U Division Only – In the last 2 minutes of the 4th quarter, if a timeout is called by the team in possession of the ball (or after a made basket by the opponent), the team has the option to inbound the ball at half court.

Fouls:

Flagrant foul: Ejection from game and suspension from next game. This shall also be noted on game sheet. Second flagrant foul per season: Suspended from league for balance of season. Intentional fouls will result in 2 foul shots plus possession of the ball, regardless of a made basket or not. Possession will be at nearest spot of where foul occurred. Two technical fouls in one game will result in a player or coach being ejected from the game. This ejection shall carry with it an automatic suspension from the following game. There will be three-point shots for the 12 & under boys, 13 & under girls, 14 & under boys, and boys 17 and under divisions, if the gymnasium hosting the game is marked with a three-point line. If there is not a three-point line, there will be no three-point shots. There will be no three-point shots in all other age divisions.

LENGTH OF GAMES

14 & under boys and 17 & under boys play four 8 minute running quarters. All other divisions play four 7 minute running quarters. In all divisions, clock will stop for the last two minutes of the fourth quarter for all dead ball situations.

There shall be only one two-minute overtime for any game with a tie score at the end of the 4th quarter. **THE GAME CLOCK WILL STOP FOR ALL DEAD BALL SITUATIONS.** Full court pressing will be allowed for all divisions during the overtime period. If the game is tied at the end of the overtime period, the game will remain a tie and no additional overtime periods will be played.

Each team will have 3 full one-minute time outs and 2-30 second time outs per game. One additional 30 second time out will be added to the team total for the overtime period.

All games must start promptly as scheduled with the exception of the **FIRST** game of a weeknight, which will have a 10-minute grace period. Forfeiture occurs immediately at game time, or after the grace period for the **FIRST** game of a weeknight. (All weekend games do not have a grace period.)

RESCHEDULING POLICY

All games will be played as per schedule. Games will only be rescheduled under the following conditions:

1. In case of inclement weather, the decision to play scheduled games will be determined by the Leisure Services Department prior to the game; or the referee at game time, or thereafter.

2. Unsafe facility conditions as determined by the Department of Leisure Services.
3. School and Religious Functions may constitute reason for re-scheduling games. Only if attendance at either of these two functions affects a team's ability to start and end a game with the required number of players.
4. If the above situation should occur, coaches must notify Leisure Services in writing of re-scheduling request. The request must be made at least 72 hours in advance to the Athletic Supervisor. 72 hours does not include weekends, holidays or other non-business hours. Time of notification should be no later than 5:00 p.m. on a regular business day.
5. Once a game has been approved for re-scheduling, the Athletic Supervisor along with the coaches involved will set the reschedule date, time and field. A coach has 24 hours to verify with parents. This process can only be repeated once if the original re-schedule date is not convenient with either team. The game must be played within 72 hours of the second request for re-schedule. This policy is exclusive of games that have been canceled due to inclement weather.
6. Head coaches who are unable to attend a particular game must inform assistant coaches to take over the team for that game. If either the head coach or assistant coach cannot attend, it is the responsibility of the head coach to contact Leisure services. If a team does not receive any adult supervision, the game will result in a forfeit. No game will be rescheduled due to coaches being absent.

DIVISION TITLES & TOURNAMENT PLAY

In all basketball divisions, every team will participate in a post-season single elimination tournament. Tournament champions will receive some type of recognition.

In the event of a tie for 1st, 2nd, or 3rd place, the following tiebreaker system will be in effect:

Step 1: Head to head competition.

Step 2: Least number of points allowed in the head to head competition.

Step 3: Least number of points allowed for the entire season.

Note: Once a tie is broken, any subsequent ties will refer back to step 1 to break that tie.

The Department of Leisure Services or his/her representative will settle all protests in tournament play at the time of protest.

OFFICIALS

Referees shall have complete authority over the game, players, coaches and spectators; they may expel any player, coach or spectator for indecent language, unsportsmanlike conduct, or any infraction of rules. Refusal of expelled player, coach or spectator to leave the "GYMNASIUM" within 2 minutes will constitute a forfeit.

NOTE: League administrators and City Athletic Department personnel WILL NOT interpret any rule from the time a game

begins, until the time it ends. They may, however, enforce any and all rules regarding conduct of coaches, players and parents contained herein.

Officials will wear distinctive uniforms equipped with a whistle and a rulebook. Referees will be responsible for inspecting playing surface irregularities and sideline hazards prior to game. Referees will also check player's equipment and uniforms to determine if they are acceptable. Referees are instructed to discuss any matter in question ONLY with the Head Coach, NOT an Assistant or League Administrator. One referee will be allowed to officiate a game in all divisions. Coaches SHALL NOT demand the removal or the scheduling of a particular referee/official.

INSURANCE

As part of your registration, the City of Sunrise provides a secondary medical insurance plan for all youth sport participants. In event of injury, participant's parent or guardian should notify their coach first, in order to fill out the proper paperwork. If the coach is not available, please contact the Leisure Services office. If medical attention is needed, all participants must first file with their primary insurance carrier. This plan is secondary in nature only.

PRACTICES

Practice schedules will be set by the Leisure Services Department and shall be strictly adhered to.

There shall be no more than three (3) mandatory practices per week prior to the season. There shall be no more than one (1) mandatory practice per week during the season.

Practice facilities (including hoops) shall be shared equally by teams engaging in practice simultaneously. All practices are half court.

GENERAL

No players, Coach, League Administrator, Spectator, Parent, Manager, or referee shall be permitted to use tobacco products while participating in any game or practice on or off the court.

All managers and coaches will receive a copy of the Sunrise Basketball Rules.

Parents/Players are not guaranteed a request for a coach when signing up their child.

Names may not be printed on the back of player's shirts.

Prior to the start of the season, all coaches and head referees must meet in a general meeting of questions and answers pertaining to the overall basketball program.

Persons under the influence of alcohol/drugs, or the use of alcohol/drugs in any form, by players or adults, are not permitted during games or practices.

Names of the Basketball Committee will be given to all managers and coaches.

Two coaches are allowed to occupy the coaching area during a game.

It is suggested that all coaches wear City issued coaches shirts during all games.

No heckling of any player, coach, referee, shall be permitted in any division.

Teams without a coach with a City-issued ID card on game days can result in forfeiture of a game. Games forfeited due to this rule cannot be protested.

There will be no parent vs. players or coaches vs. coaches games played without the prior approval of the Athletic Supervisor.

Divisions with six (6) or more teams will be awarded placement trophies for 1st, 2nd, and 3rd place finishers. Divisions with five (5) or fewer teams will be awarded placement trophies for 1st and 2nd place finishers only. All other teams will be awarded participation trophies only. All teams must adhere to the basketball picture schedule. NO exceptions allowed.

In case of inclement weather, coaches (only) may contact the sports information line approximately 1 1/2 hours prior to game time - 572-BALL (572-2255).

All rules contained herein are subject to interpretation and/or change, upon the recommendation of the Basketball Committee and with the approval of the Department of Leisure Services.

BASKETBALL COMMITTEE

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Juan Tavares 917-566-2792

Brian Detrich 954-756-0887

RECREATION LEADER

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